

## TISSUE FACTOR IN CARDIOVASCULAR DISEASES: AN OVERVIEW

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### ABSTRACT

One of the major genetic factors that is associated with cardiovascular diseases (CVDs) is tissue factor (TF). Studies have investigated this association and identified possible correlation with CVDs and risk factors. Increased expression level of TF has been observed in individuals with high blood glucose level, which could be reduced by controlling glucose level. Furthermore, high cholesterol level has been associated with high TF levels. In addition, high level of TF is reported in obese individuals and those who lack physical activity, and improving these factors lowers TF levels. Therefore, TF has been used as a therapeutic target for reducing the risk of CVDs but with limited success so far. Thus, this study aims to explore the current advances regarding the association of TF with the risk of developing CVDs.

**Keywords:** Cardiovascular disease, genetics, gene, diabetes, hypercholesterolemia, tissue factor, coagulation cascade.

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### ABBREVIATIONS:

CVDs: cardiovascular diseases; F3: factor (coagulation) III; FVII: factor VII; FVIIa: factor VIIa; FX: factor X; Kb: kilobytes; kDa: kilodalton; LDL: low-density lipoprotein; LDLR: low-density lipoprotein (LDL) receptor; PI3-kinase: phosphoinositide 3-kinase; rTFPI: recombinant tissue factor pathway inhibitor; TF: tissue factor; TNF- $\alpha$ : tumour necrosis factor- $\alpha$

### INTRODUCTION

Cardiovascular diseases (CVDs) are a group of diseases that affect the heart and blood vessels. It includes a range of diseases from coronary artery disease such as myocardial infarction to heart failure, stroke, cardiomyopathy and many more. The number of deaths due to CVDs increases every year in the developing countries while they decrease in the developed countries due to the improved health care personally or nationally (Moran *et al.*, 2014).

Several risk factors have been associated with the development of CVDs including gender, age, physical inactivity, tobacco and alcohol use, obesity, raised blood pressure, raised blood sugar, raised blood cholesterol as well as family history and genetic factors. Although several risk factors are uncontrollable such as age, gender and (so far) genetic factors, other factors are controllable, even to an extent. Thus, it is believed that most CVDs are preventable (McGill *et al.*, 2008). Prevention can be simply achieved by healthy eating, exercising, and avoiding tobacco smoking and alcohol drinking. In addition to that, controlling risk factors such as blood pressure, sugar and lipids could significantly reduce the risk of developing CVDs (McGill *et al.*, 2008).

CVDs are multifactorial disorders and thus several genetic factors are expected to be associated with increased risk. Identification of genetic factors has been the focus of many researches in the past few decades in order to correlate phenotype with genotype (Kathiresan and Srivastava, 2012). Different genetic factors have been identified to be associated with different CVDs with low-density lipoprotein (LDL) receptor (LDLR) being the first genetic factor to be identified in 1985 (Lehrman *et al.*, 1985). Although this gene isn't directly correlated with CVDs, it is mainly associated with blood cholesterol level, which is one of the major risk factors for developing CVDs. Following that, several studies have identified a wide range of genetic variation associated with different CVDs and other diseases that are themselves associated with increased risk of CVDs (Kathiresan and Srivastava, 2012). Several genome wide association studies have been conducted on to identify genetic factors, all together reported significant association of over 5000 variants in several genes across the genome suggesting the importance of genetic factors on the risk of developing various CVDs (Altshuler *et al.*, 2008; O'Donnell and Nabel, 2011).

### TISSUE FACTOR GENE

The tissue factor gene (*CD142*), also referred to as coagulation factor III (*F3*) gene is located on chromosome 1 at the position p21-22 spanning 12.4k kb and encoding a 47-kDa protein that is expressed in vascular and nonvascular cells (Mackman *et al.*, 1989). The gene consists of 6 exons with one main transcript and one alternative splice variant have been reported so far. TF protein is known to have 3 domains, extracellular domain (consist of

219 amino acids), membrane spanning domain (consist of 23 amino acids) and cytoplasmic domain (consist of 21 amino acids) (Breitenstein *et al.*, 2010). The extracellular domain has high affinity for factor VII or FVII binding which is important for the activation of FVII (Steffel *et al.*, 2006).

Tissue factor (TF), previously known as thromboplastin, is constitutively expressed in the vessel wall, and once the wall is damaged, TF rapidly initiates coagulation cascade (Steffel *et al.*, 2006).

It has been reported to be associated with the pathogenesis of CVDs and has been under investigation as a target for various therapeutic approaches. Yet, neither its exact mechanism nor its possible use as a therapeutic approach is clearly defined.

### TISSUE FACTOR FUNCTION

Coagulation cascade is a complex system that aims to maintain blood fluidity and limit its loss in case of injury. There are two independent pathways that trigger the coagulation cascade which are the intrinsic and extrinsic (TF) pathways (Gailani and Renne, 2007). The extrinsic pathway is initiated once TF comes into contact with the circulating active form of FVII which leads to the formation of TF-FVIIa complex. In addition, it could bind to the inactive form of FVII leading directly to its activation. TF-FVIIa complex in turn binds to factor X (FX) and activates FX or it could directly bind to and activate FX (Gailani and Renne, 2007).

In addition to its key role in coagulation, TF has also been suggested to be involved in various cellular processes including vascular smooth muscle cells migration and proliferation. In addition to that, TF is a key factor in embryonic blood vessels development (Pedersen *et al.*, 2005). Furthermore, TF has also been reported to enhance tumour metastasis and neovascularization (Ngo *et al.*, 2007).

Additionally, there is a link between haemostasis and vascular alteration such as atherosclerosis. This in turn suggests an association between the coagulation cascade with the vascular pathophysiology. This association has been suggested to be due to the role of TF in mediating intercellular signalling (Bazan, 1990). It has been reported that binding of TF to activated form of FVII induces calcium transient intracellularly in addition to the activation of major mitogen activated protein kinase family members as well as Src-like kinases and phosphoinositide 3-kinase (PI3-kinase) which in turn results in cytoskeletal reorganization (Rottingen *et al.*, 1995; Camerer *et al.*, 1996; Versteeg *et al.*, 2000). This in turn shows the involvement of TF in regulating the transcription of several genes involved in various cellular processes such as cellular growth, migration and apoptosis (Pendurthi *et al.*, 1997; Camerer *et al.*, 1999).

In endothelial cells, TF expression level is very minimal during normal haemostatic conditions. Its expression is enhanced by some cytokines such as interleukin-1 $\beta$  and tumour necrosis factor- $\alpha$  (TNF- $\alpha$ ) (Napoleone *et al.*, 1997; Holy *et al.*, 2009). On the other hand, vascular smooth muscle cells highly express TF providing enough TF to initiate coagulation cascade as previously mentioned. TF has been reported to be expressed at low levels in the plasma and urine which is increased in response to inflammations such as in the case of atherosclerosis, diabetes or disseminated intravascular coagulation (Cermak *et al.*, 1993; Guha and Mackman, 2002; Luyendyk *et al.*, 2008). This is expected as monocytes are known to store large amounts of TF which can be released after exposure to inflammatory mediators (Cai *et al.*, 2007). In addition, other types of white blood cells have also been reported to express TF including eosinophils, granulocytes, and neutrophils. TF has also been suggested to be driven from platelets, however, the exact mechanism is not clearly understood (Muller *et al.*, 2003; Maugeri *et al.*, 2006; Moosbauer *et al.*, 2007).

It is clearly noticeable that there are various pools of TF present in the human body, each of which has its own uses, of which several are still not clearly understood. Storage of TF in vascular smooth muscle cells is important to reduce blood loss in case of vascular injury. Additionally, vascular injury leads to the release of inflammatory mediators which in turn leads to further release of TF from monocytes to further enhance the initiation of coagulation cascade. It is suggested that a constantly active TF is required to maintain the coagulation process, thus, fibrin clot is formed to prevent further activation of inactive coagulation factors once the blood loss is controlled (Hathcock and Nemerson, 2004).

### TISSUE FACTOR PATHOLOGY

It is known that thrombosis is not always formed as a result of vascular damage, which in turn can lead to serious cardiovascular complications. TF is thought to play an essential role in this pathology. Previous studies have shown that in an uninjured vessel, inhibition of TF expression reduced thrombus growth (Himber *et al.*, 2003). However, another study did not show association between TF expression level and thrombus formation in mice (Day *et al.*, 2005). This in turn suggests that further study is required to investigate further the association between TF expression and thrombus formation.

On the other hand, inflammation and atherosclerosis are suggested to be closely linked (Hansson, 2005). It is reported that some cytokines such as TNF- $\alpha$  are observed in early stages of atherosclerosis lesion. The same cytokines are known to release TF (Wilcox *et al.*, 1989). It has also been reported that TF level is elevated in atherosclerosis plaques, suggesting that there might be association between them (Annex *et al.*, 1995).

The possible association between TF and the risk of developing CVDs do not stop there, various studies have shown association between increased levels of TF with various diseases and risk factors part of or associated with CVDs. A previous study showed elevated levels of TF in coronary artery specimens which is in line with another study that showed elevated level of TF in plasma in cases with acute coronary syndromes which also has been associated with poor prognosis (Ardissino *et al.*, 1997; Misumi *et al.*, 1998). Additionally, individuals with myocardial infarction have also shown increased TF levels (Ardissino *et al.*, 1997).

Several studies have observed increased TF levels and activity in patients with diabetes mellitus, which is one of the major risk factors for CVDs (Lim *et al.*, 2004; El-Ghoroury *et al.*, 2008). This is in line with these observations, regulating blood glucose levels resulted in reduction in TF levels in patients with diabetes mellitus (Golledge *et al.*, 2007). Additionally, increased blood glucose levels in normal individuals have been linked with increased TF levels in monocytes and endothelial cells (Stegenga *et al.*, 2006; Vaidyula *et al.*, 2006).

In addition to that, patients with hyperlipidaemia have shown higher risk for thrombosis (Durrington, 2003). High level of low-density lipoprotein is observed in patients with hyperlipidaemia. Previous studies have observed an increase of TF with increased level of low-density lipoprotein (LDL) as oxidizes LDL is suggested to TF synthesis by monocytes suggesting that hyperlipidemia, which is another major risk factor for CVDs, could be directly associated with increased TF levels (Wada *et al.*, 1994; Penn *et al.*, 1999; Sambola *et al.*, 2003). Furthermore, Patients with hypertension have also demonstrated increased TF levels which are lowered by managing blood pressure using antihypertensive medication (Koh *et al.*, 2004).

## CONCLUSION

Given all of these reports and all possible associations between TF and the risk of developing CVDs, it was then an area of interest to explore the therapeutic implication of controlling TF expression and activity levels. Various methods have been investigated ranging from the use of anti-TF antibodies, Recombinant tissue factor pathway inhibitor (rTFPI) in addition to other various methods. However, none have shown a high level of success (Stephens and Rivers, 1997; Erlich *et al.*, 2000; Cavusoglu *et al.*, 2002; Pedersen *et al.*, 2005).

Even though TF has been studied extensively, weak understanding of various mechanisms involved in the interaction between TF and other factors associated with the risk of developing CVDs. In addition, to our current knowledge, no similar study has been conducted on TF on the Saudi population. Therefore, there is still much to be explored in this area.

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